



Community Area Grant Application Form 2011/2012

Please ensure that you have read all the Funding Criteria and Additional Guidance Notes before completing this form PLEASE COMPLETE ALL SECTIONS TO ENSURE THAT YOUR APPLICATION CAN BE CONSIDERED

For larger projects we strongly advise you to contact Charities Information Bureau three months before you approach the area board. (See Section 2 for contact details)

**Please contact your Community Area Manager before completing your application
(See Section 3 for contact details)**

1. Your organisation or group

Name of organisation	Wiltshire Mind		
Contact name			
Contact address			
Contact number		e-mail	
Organisation type	Not for profit organisation <input checked="" type="checkbox"/> Parish/town council <input type="checkbox"/> Other, please specify		

2. Your project

Project Title/Name	Art therapy project		
What is your project about and what does it aim to achieve? <i>Important: This section is limited to 600 characters only (inclusive of spaces).</i>	We would like to offer our Trowbridge clients a six month art therapy course, run once a week for 3.5 hours. The course would be run by a qualified Art Therapist, Michelle Dash, a member of the British Association of Art Therapists and the Health Professions Council. The overall aim is to benefit clients to effect change and growth on a personal level through the use of art materials in a safe and facilitating environment. Art therapy differs from other psychological therapies in that it is a three way process between the client, the therapist and the image or artefact. Thus it offers the opportunity for expression and communication and can be particularly helpful to people who find it hard to express their thoughts and feelings verbally, a problem experienced by many of our client members. The benefit of a 6 month course is that the work is more in depth, relationships are built up, helping client members where possible recover from mental illness.		
In which community area does your project take place? (Please give name – see section 3 of the grants pack)	Central Locality Area Board Team		
I/we have discussed our project with the town/parish council?	Yes <input checked="" type="checkbox"/>	Date 18.05.2011	No <input type="checkbox"/>
I/we have discussed our project with our Wiltshire councillor?	Yes <input checked="" type="checkbox"/>	Date 18.05.2011	No <input type="checkbox"/>

Where will your project take place?	Trowbridge
When will your project take place?	Once a week for 6 months upon receipt of funding
How did you discover there was a need for your project (please provide evidence) and how will your project benefit your local community? <i>Important: Please do not type/write in paragraphs – This section is limited to 1200 characters only (inclusive of spaces)</i>	We discovered there was a need for our project by running pilot projects in Trowbridge and Chippenham staffed by a volunteer art therapist. The pilot project has proven to be a great success with good attendance. An average of 6 clients per week have attended between October 2010 and March 2011 in Trowbridge whilst an average of 4-6 clients have attended the Chippenham group per week over the same time period. Examples of the artwork for this pilot project can be seen on www.wiltshiremind.co.uk . Local communities benefit from participation and involvement from local people. People who suffer from mental illness are often isolated, unable to venture out and withdrawn from society, therefore being unable to participate in anything. Organisations like Mind, try to encourage activities to enable people to feel more confident in themselves and able to associate with others. Art therapy is one of those activities, but it is more than just that. It is a psychotherapeutic technique that opens up communication through the art materials. In a group environment participants can learn about themselves and how they relate to others, try out new ways of relating, get immediate feedback, and observe the effect this has on others in a safe place. They also each form separate relationships with the Art Therapist, learning to be able to cope and expect clear boundaries which lead to the formation of trust. These relationships build a blue print for future relationships and foster self confidence.
How many people will benefit from your project?	10-12
How does your project demonstrate a direct link to the local community plan for your area? www.wiltshire.gov.uk/areaboards	The project aims to improve mental health of participants which links in with the PCT's aims to support work of Partner Agencies to improve health.
Please provide a reference/page no.	16
To be completed ONLY where town/parish councils are making an application	
Is your project one which parish/town councils have powers to raise local taxes to fund?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Could your project be funded from your reserves?	Yes <input type="checkbox"/> No <input type="checkbox"/>
Is your project urgent (having to be completed in this financial year? If you answer YES please provide evidence elsewhere on the application form)	Yes <input type="checkbox"/> No <input type="checkbox"/>
Any other information about your project.	
<p>Art therapy is a form of psychotherapy that uses art as its primary mode of communication. Clients who are referred to an art therapist need not have previous experience or skill in art and the art therapist is not primarily concerned with making an aesthetic assessment of the client's image.</p> <p>Art therapists have a considerable understanding of art processes and a sound knowledge of therapeutic practice . They work with both individuals and groups in a variety of settings, including adult mental health. The work can be challenging, calling for skill and sensitivity and art therapists need to be mature, flexible people.</p> <p>The use of and involvement of the art materials allows for sometimes unexpected self discovery as imagery that can often be a way of communicating with the subconscious and can unlock past events.For this reason, it is essential that a qualified and HPC Registered Art Therapist/Art Psychotherapist is present to hold the art therapy sessions.</p>	

3. Management

How many people are involved in the management of your group/organisation?

Of these, how many are:

Over 50 years	Male	<input type="text" value="4"/>	Female	<input type="text" value="1"/>
25 – 50 years	Male	<input type="text" value="1"/>	Female	<input type="text"/>
Under 25 years	Male	<input type="text"/>	Female	<input type="text"/>
Disabled People	Male	<input type="text"/>	Female	<input type="text"/>
Black and Minority Ethnic people	Male	<input type="text"/>	Female	<input type="text"/>

If your project is intended to continue after the Wiltshire Council funding runs out, how will you continue to fund it?

As there is a proven demand for the service the project is likely to continue after 6 months. Therefore towards the end of the initially funded period we would make fresh applications for funding to various organisations with the intention of continuing the project.

How will you know whether your project has made a difference in the community? What evidence will be collected to enable you to know that the project has made a positive impact on your community and met the local need?

We will conduct evaluation questionnaires at the end of the initial six month funded period to assess how the project has made a difference. Feedback received from users of the pilot schemes that have been run show that a difference will be made. Comments received included - 1) "I felt really low when I came to the group and the Art therapy cheered me up." 2) "I am an artist but my depression has worsened and I am not motivated. Doing art here again today I am motivated and encouraged"

Therefore the evidence to be collected will be in the format of a questionnaire asking participants the positive benefits of attending the art therapy sessions in order to assess the impact on the community.

Have you contacted Charities Information Bureau for help with your application/ to seek other funding?

Yes 17.05.2011

Yes Date

No

To whom have you applied for funding for this project (other than Wiltshire Council)?

Please list with amount applied for and whether you have been successful

Name of Funder	Amount Applied For	Amount Received
The Eleanor Barton Trust	£1,816	£nil
The Hedley Foundation	£1816	£nil
Friends of Wiltshire Mind	£1816	£1816

Have you or do you intend to apply for a grant from another area board within this financial year?

Yes

No

If yes, please state which one(s).

Are you in receipt or anticipating other funding from other Wiltshire Council departments for this project?

Yes

No

4. Information relating to your last annual accounts (if applicable)		
Year ending:	Month: March	Year: 2011
A - Total income:	£89,792	
B - Minus total expenditure:	£188,895	
Surplus/deficit for year: (A minus B)	£99,103 deficit	
Free reserves currently held:	£nil	

5. Financial information – If you can claim back V.A.T. please exclude from figures given below

Project Costs A Please provide a <u>full</u> breakdown e.g. equipment, installation etc.		Project Income B Please list all sources of funding for this project, as provisional (P) or confirmed (C)		
			P/C	
Therapist	£2363	Own fundraising/reserves		£
Mileage	£375			£
Room Hire	£624	Parish/town council		£
Materials	£270			£
	£	Trusts/foundations	P	£1816
	£			£
	£	In kind		£
	£			£
	£	Other		£
	£			£
	£			£
	£			£
Total Project Expenditure	£3632	Total Project Income		£1816

Total project income B	£1816
Total project expenditure A	£3632
Project shortfall A – B	£1816
Grant sought from Wiltshire Council Area Board	£1816
Bank Details	
Please give the name of the organisations' bank account e.g. Barclays	
Please give the title name of the organisations' bank account e.g. current	

6. Supporting information – Please enclose all the following documentation as failure to do so may lead to a delay in your application being considered

Enclosed (please tick)

- Written quotes including the one(s) you are going to use
- Latest inspected/audited accounts or annual report or Income/expenditure budget for current financial year
- Terms of reference/constitution/group rules

Evidence of ownership/lease of buildings and/or land

For new groups, only the group's terms of reference and a projected income and expenditure budget covering a period of 12 months is required.

7. Declaration (on behalf of organisation or group) – I confirm that...

- I have read the funding criteria
- The information on this form is correct, that any award received will be spent on the activities specified, that I will complete a monitoring form (if requested) following completion of the project.
- If an award is received, I will complete and return an evaluation sheet.
- That any other form of licence or approval for this project has been received prior to submission of this application.
- That the necessary policies and procedures will be in place prior to the commencement of the project outlined in this application. Child Protection Safeguarding Adults
- Public Liability Insurance Equal opportunities
- Access audit Environmental impact
- Planning permission applied for (date) or granted (date)
- That acknowledgement will be given of Wiltshire Council support in any publicity, printed or website material.
- I give permission for press and media coverage by Wiltshire Council in relation to this project.

Name:

Date: 26.03.12

Position in organisation:

Please return your completed application to the appropriate Area Board Locality Team (see section 3)